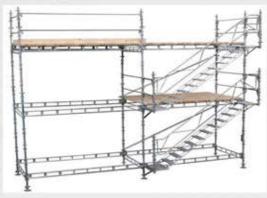


# Scaffolder course 2-5 m

Mtk Skolen AS is a course- and training center. The activities are based on a combination of theoretical knowledge and practical exercises. The course center offers courses, exercises, and other activities that are related to security and safety for your company's employees and managers. We offer courses in a realistic and safe environment with professional instructors.





### REGULATORY REQUIREMENTS

The Norwegian Government introduced new rules regarding working in height on the January 1, 2016 The most important change was regarding requirements for scaffolders. Chapter 17 in the regulations on the execution work which is now revised. Training of scaffolders are divided according of the scaffolds height.

Scaffolders that are building scaffolds over 2 meters have to undergo the appropriate training. The training will reveal if the workers is able to assess the condition and needs for maintenance regarding the scaffoldingmaterial.

According to the "regulations on the execution of work" no. 1357, § 17-5, the employer must ensure that workers using scaffolding as work platform in their heightwork, have had proper training in use of scaffolding, including a review of the guide for assembly, use and dismantling, j § 17-8 second paragraph. Adequate training should be given before work is initiated.

#### **Target Group**

Qualify personnel for safe use of scaffolding. For those who are building up to 5m

#### GOAL

Mtk skolen want to create safety through realistic and qualitatively training for those who are building scaffolding, in order to reduce the risk of adverse events.

#### DURATION

1 day: 0900-1630 Or by appointment.

## Courses for your company

Mtk skolen AS also offer an internal course for certification. This includes simplified practical exercises. Please contact us for an offer.

#### COURSE CONTENT

The course is theoretical with demonstrations and final exam. The course includes:

- Responsibility
- Laws and regulations-the work environment act, requirements for systematic HMS
- Regulations-regulations on the execution of work/heightwork
- · Scaffolding theory-construction/concepts.
- · General information about mounting scaffolding.
- Use of fall-protection equipment when building scaffolding.
- Construction and dismantling of several types of scaffolding.
- · Use of scaffolding.
- · Control of scaffolding.
- · Theoretical training when use of fall protection.
- · Control of scaffoldingmaterial.
- · Documentation.
- · 7.5 hours practical training by a competent person